## December

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
EXCEL BY 5	School Readiness Calendar				Explore holiday colors, smells, flavors, and sounds. What part of the body do we use to see, smell, taste, hear, and touch?	The letter of the month is C. What sound does the letter C make?
Talk with your child about your family's holiday plans. What traditions and events will you enjoy together?	Use a calendar to count the days in December together, then count the days until family events or holiday celebrations.	Go to the library and check out books about Holidays! Can you find books about holidays from other cultures?	6 Listen to holiday songs together. Have your child give a thumbs up or thumbs down and share why they like or don't like each song.	As you read books together, explore the front cover, back cover, and title page. Can you guess what the book will be about?	8 Help your child describe their favorite holiday foods. Are they hot or cold, hard or soft, heavy or light? Would it sink or float in water?	9 Show your child how to make the letter "C" with your hands. What shapes can you make with your hands?
Hanukkah begins at sunset. Talk with your child about some holiday traditions of other cultures.	Look for and name the shapes all around you. What shapes can you find in the holiday decorations you see?	Turn on some Holiday music. Take turns dancing fast or slow to the rhythm of the music.	Get creative together! Make homemade wrapping paper using art supplies and household objects. Try painting with a sponge.	Take turns using "question words" to discuss holiday and family events: who, where, when, why, how.	Create and decorate a pencil holder or other useful gift for a friend, teacher, or family member using reused or natural materials.	16 Help your child find the letter C in a library book you checked out. Read the words you find out loud.
17 Look at family photos together. Practice saying the full name of your child and family members.	18 Help your child explore shapes using boxes or balls. Trace the outlines on paper. Compare the real objects with their outlines.	Return the books to the library and check out more! Allow your child to independently choose some books.	Act out a holiday story together using words and gestures. What props, costumes, or music could you add for your play?	Winter begins today. Prompt your child to make up a story about going outside on a cold day. What clothes will you wear? How will the air feel?	Take turns saying words that describe today's weather. Did you say any words that start with C? Is it cold, cloudy, comfortable?	How many holiday words can you think of that begin with C? I can think of candles, cards, and candy canes.
Talk about appropriate ways we show love, gratitude, and concern for our family and to others.  Today is the last day of December and the last day of 2023. Take turns saying positive things you did and learned this year.	It is Christmas Day. Invite your child to say, "I love you" and "Thank you" to family members today. Be sure to express your love to your child.	Kwanzaa begins, and Canadians celebrate Boxing Day. Have your child put small treats into a small box. Take a walk and give the treats to someone.	Plan and create a video together. Your child might choose to sing a song, count aloud, or share something else they enjoyed learning or doing this year.	28 Help your child create a thank you note using scribbles, drawings, letters, and names. Write a message dictated by your child.	Explore what animals need to live and grow. Use books, videos, or internet to discover the ways different animals adapt in the winter.	30 You learned lots of letters this year! What letters do you remember how to make with your hands?